



# Canberra and Region Multiple Birth Association (CARMBA)

New Membership

Renewal

Contact Details			
Parent/Guardian 1 First name:		Parent/Guardian 1 Last name:	
Parent/Guardian 2 First name:		Parent/Guardian 2 Last name:	
Home Address:			Postcode:
Postal Address:			Postcode:
Phone (bh):		Phone (ah):	
Email:			

Children's Details (fill in where appropriate)			
Multiples not yet born			
Expected due date:		<input type="checkbox"/> Twins <input type="checkbox"/> Triplets <input type="checkbox"/> More	
Would you like a visit from a CARMBA representative?	<input type="checkbox"/> Yes please <input type="checkbox"/> No thank you		
If yes, would you like to be visited:	<input type="checkbox"/> At hospital <input type="checkbox"/> At home		
Already born			
First name	Last name	Sex	Date of birth
1.		<input type="checkbox"/> Female <input type="checkbox"/> Male	
2.		<input type="checkbox"/> Female <input type="checkbox"/> Male	
3.		<input type="checkbox"/> Female <input type="checkbox"/> Male	
4.		<input type="checkbox"/> Female <input type="checkbox"/> Male	
5.		<input type="checkbox"/> Female <input type="checkbox"/> Male	
6.		<input type="checkbox"/> Female <input type="checkbox"/> Male	

Club Involvement	
How did you hear about CARMBA?	
<input type="checkbox"/> Doctor <input type="checkbox"/> Health Centre <input type="checkbox"/> Internet <input type="checkbox"/> Friend <input type="checkbox"/> Other	
Would you consider being a part of the CARMBA Committee?	
<i>There are also a number of support roles which are not part of the committee but are an important part of actively participating in the CARMBA Community.</i>	
Do you have any special skills or knowledge you'd be willing to share with other CARMBA members?	
Are you interested in being an active member of the CARMBA Community by providing your support?	<input type="checkbox"/> Yes, please tell me more <input type="checkbox"/> Maybe in the future <input type="checkbox"/> No thanks

**Publications**

Would you like to receive information from CARMBA on our events and services, including our bi-monthly newsletter (Two Up), via email?

- Yes please  
 No thank you

**Resource material**

Please select the resource material you would like to receive.

- CARMBA's Helpful Hints eBook

CARMBA has compiled a collection of hints collected by parents of multiples to help our new members. The eBook contains information on preparing for the arrival of multiples and suggestions for coping with everyday life with multiples.

For new members only

- "Parenting Twins" or "Parenting Triplets" booklet by Australian Multiple Birth Association  
 CARMBA will send "Parenting Triplets" if you have or are expecting triplets

- "Breastfeeding: twins, triplets and more" booklet by Australian Breastfeeding Association

**Membership Fees**

The membership year runs from 1 April to 31 March.

When you join between 1 April and 30 September, the annual fee is \$40.

When you join between 1 October and 31 January, the annual fee is \$20.

When you join between 1 February and 31 March, there is no annual fee.

When you renew your membership, the annual fee is \$40.

There is a one-time joining fee of \$6.

Health care concession card holders receive a 50% discount on the annual fee (but not the joining fee).

Joining date

- 1 April to 30 September     1 October to 31 January     1 February to 31 March

Do you hold an Australian Government Health Care Card or Pensioner Concession Card?

- Yes    Card number \_\_\_\_\_    Expiry date \_\_\_/\_\_\_/\_\_\_\_\_  
 No

Annual fee    \$ \_\_\_\_\_

Joining fee     \$6

Total payable    \$ \_\_\_\_\_

Membership fees can be paid by direct deposit or by cheque. If paying by direct deposit include your last name as the reference.

I have paid \$ \_\_\_\_\_ by

- Direct deposit into the CARMBA Bendigo Bank account BSB 633 000 A/c 154081814 including my last name as the reference on \_\_\_/\_\_\_/\_\_\_\_\_  
 Enclosed cheque payable to "Canberra and Region Multiple Birth Association Inc."

**Consents**

Are you happy for CARMBA to pass on your details to the Australian Twin Registry (ATR) and for them to contact you?

- Yes please  
 No thank you

Do you consent to any information relating to the birth or birthdays of any members of your family being published in the CARMBA newsletter, Two Up?

- I do  
 I do not

Please post or email cheques/forms to

PO Box 1162, Woden, ACT 2606 or  
[membership@carmba.org.au](mailto:membership@carmba.org.au)

**For Office Use Only**

Amount received	\$ _____	Date received	
Method	<input type="checkbox"/> Direct deposit <input type="checkbox"/> Cheque	Receipt number	